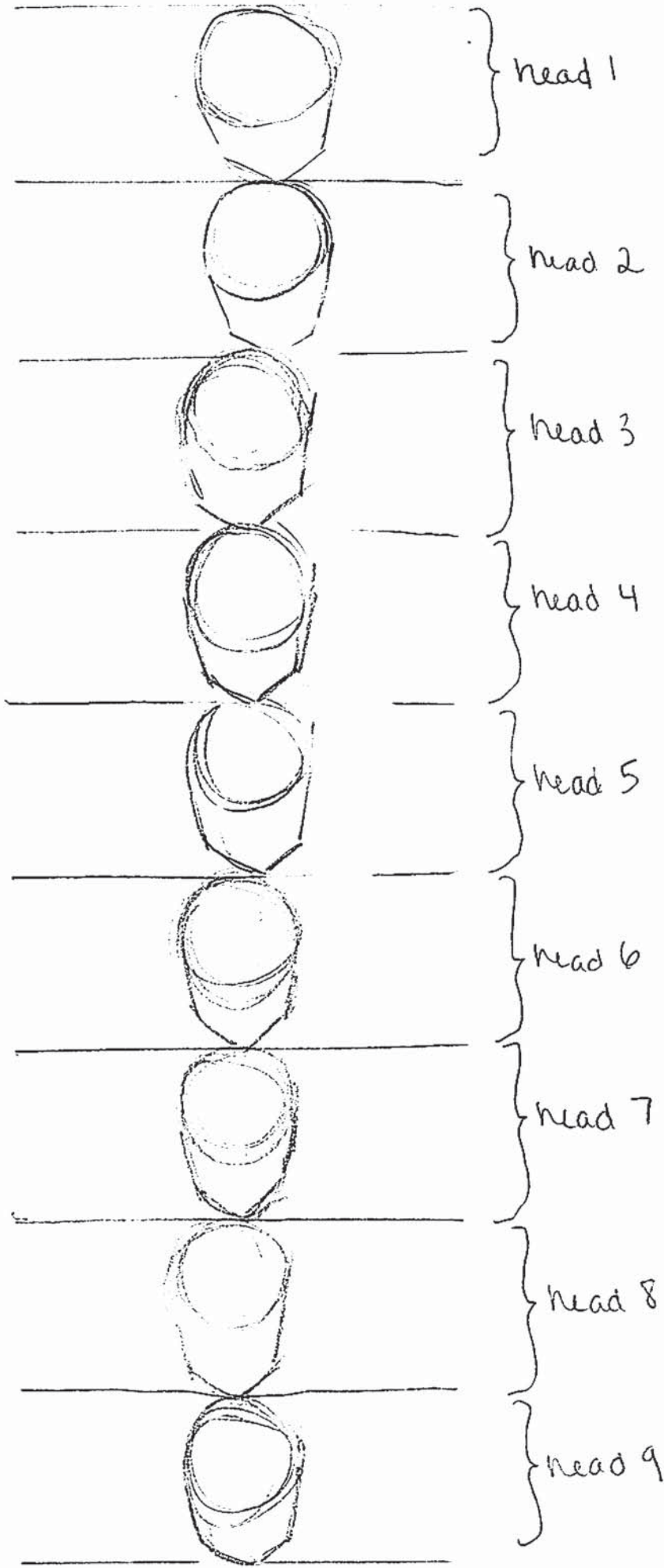
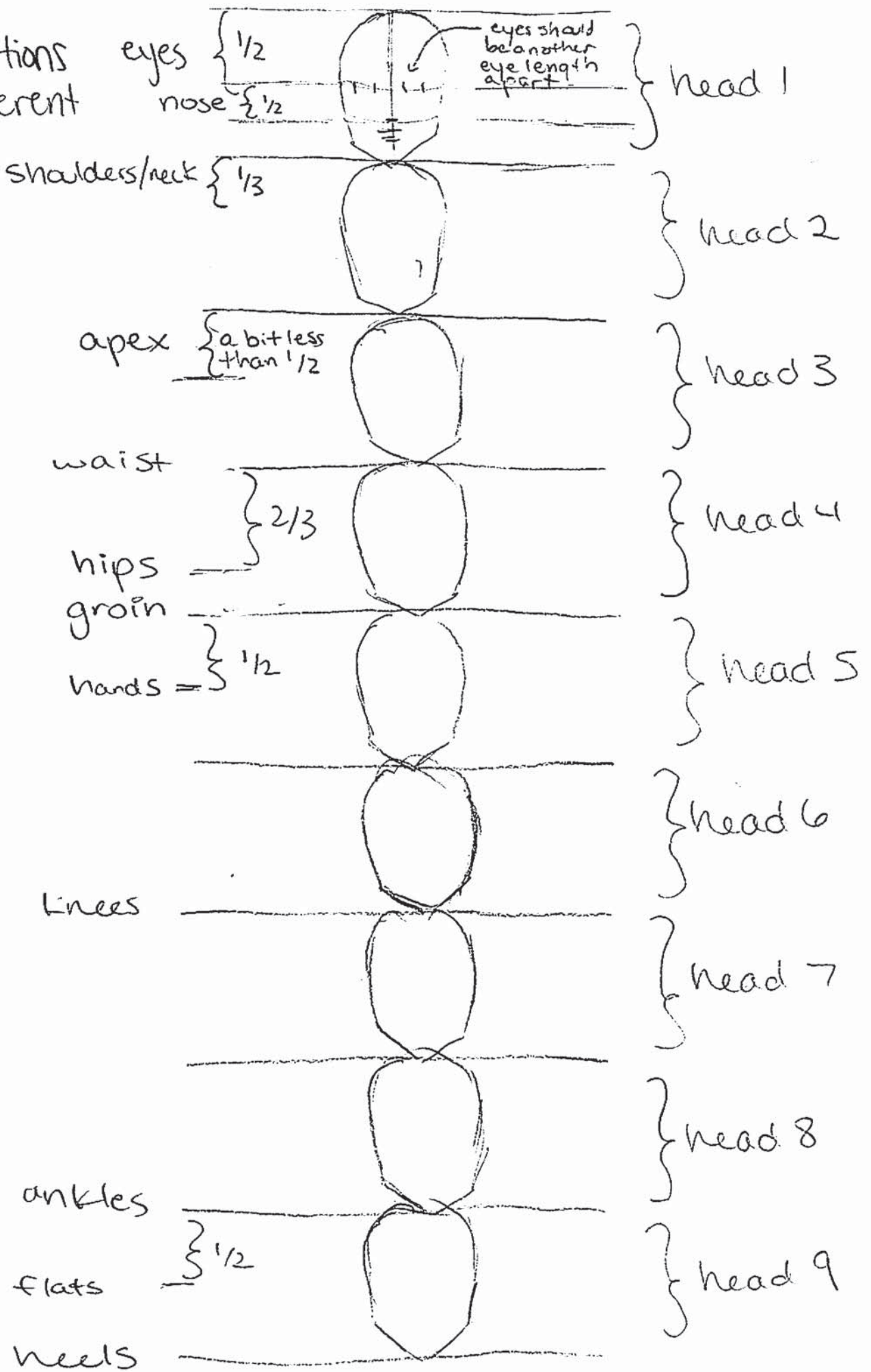


The human body is made up of 9 head lengths. Fold a post it so it can fit on the page 9 times and trace the lines. Then, draw the 9 heads in each area + label them



Here are the proportions for different body parts.



Now, draw
a basic
outline
of the body

shoulders/neck

apex

waist

hips

groin

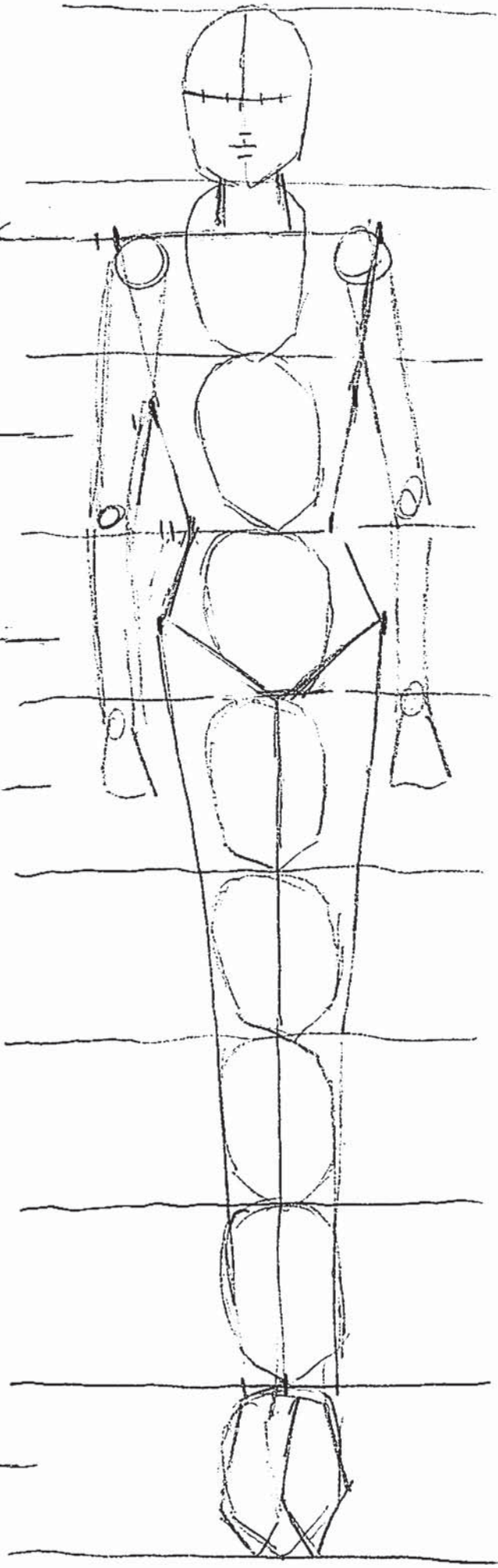
hands

knees

ankles

flats

heels



head 1

head 2

head 3

head 4

head 5

head 6

head 7

head 8

head 9

Now, smoothen
out your lines
and make
the body
look more
natural.

